

Canada/Alaska

September 2012



Starting in the beautiful city of Vancouver, we embarked on our Inside Passage cruise aboard the Celebrity Century. Our keynote speaker for this voyage was Dr Mary Magarey, Specialist Musculoskeletal and Sports Physiotherapist.

Throughout our trip, Mary presented in-depth seminar sessions covering all aspects of shoulder anatomy, pathology and physiotherapy management, sometimes having to pause to view whales frolicking in the ocean beside our ship.

In between these fascinating seminar sessions we were awed by the passing scenery. We were also fortunate to see the Hubbard Glacier calve into the water below, creating a thunderous noise and tsunami like waves.



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Our voyage took us to Sitka, the Alaskan capital Juneau, the aptly named Icy Strait Point, Skagway and Ketchikan. We immersed ourselves in Alaskan adventures; kayaking, sea plane adventures, whale watching tours, hiking, helicopter trips and travelling into the Yukon via vintage railway and four wheel drive.

Following the Inside Passage cruise, the group stayed in Vancouver for several days. Here we completed our practical seminar sessions and enjoyed the stunning weather and laid back waterfront vibe of this wonderful city.



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